

**ABERDEEN CITY ALCOHOL AND DRUGS PARTNERSHIP**

**Meeting held Friday 25<sup>th</sup> August 2017 at 9.30am  
Meeting Room 5, Health Village, Frederick Street, Aberdeen**

**Present:**

Helen Shanks, ACC Head of Inclusion, Education & Childrens Services,  
(Chair)

Kay Diack, ACC, Locality Manager, Communities and Partnerships

Marie Boulton ACC Councillor

Alexander McLellan, ACC Councillor

Luan Grugeon, Alcohol, Drugs & BBV Forum, Chair

George Peden, Scottish Prison Service, Head of Offender Outcomes, HMP Grampian

Ally Prockter, Aberdeen FC Community Trust, Chief Executive

Lauren Catto, Health Improvement Officer (Schools), ACC Education & Children's  
Services

Tara Shivaji, NHS Grampian, Consultant in Public Health Medicine

Alex Stephen, Aberdeen Health & Social Care Partnership, Director of Finance &  
Business

Simon Rayner, AHSCP, Development Manager for Integrated Alcohol & Drug Services

Fraser Hoggan, ADP Support Team, Development Officer

Carol Deans, NHS Grampian, Administrator (Note)

**In Attendance:**

Michelle Cochlan, ACC, Community Planning Manager

**1. Welcome**

Helen Shanks welcomed everyone and introductions were given.

## **Apologies:**

Joyce Duncan, Chief Executive ACVO

Dermot Craig, Aberdeen in Recovery (AiR), Recovery & Communications Development Officer

Linda Smith, Public Health Team Lead, Aberdeen City Health & Social Care Partnership

Anne Donaldson, ACC SSW Children's Services

## **2. Unapproved Minute of Meeting 26<sup>th</sup> May 2017**

The minute was accepted as an accurate record.

## **3. Matters Arising**

### **ACC Corporate Comms**

Helen Shanks has spoken to ACC Corporate Comms and is unsure of overall capacity to undertake work, but will however meet representative once returned from annual leave.

**ACTION: Chair to feedback at next meeting**

### **ADP Deputy Chair**

This item is on deferral. Helen Shanks to arrange meeting with Judith Proctor to discuss wider representation.

**ACTION: Helen Shanks to meet with ADP Deputy Chair role with Judith Proctor**

### **ICS Workstream**

Fraser Hoggan and Lauren Catto met with the Healthy & Active Outcome Group (HAOG) a sub-group of the Integrated Children's Services Board and presented the logic model. After discussion the model was amended to show the alignment with this structure. The next step will be to reflect the work in the HAOG action plan reporting into the LOIP.

**ACTION: Fraser and Lauren to present Actions to be included within the HAOG plan**

### **ADP Membership / Cross Membership of Outcome Groups**

Fraser Hoggan had spoken with Claire Duncan (Lead Social Work Officer, ACHSCP) who would be willing to attend the next ADP meeting. Claire sits on the Criminal Justice Group and there had also been previous discussions regarding active links with Social Work Services as well as with the Criminal Justice Group.

**ACTION: Claire to be invited to the next ADP Meeting (November 2017)**

## **Alcohol, Drug & BBV Forum**

Luan highlighted that as a direct result of the Community Forum event held in Torry, there was now a new weekly service located in that area, a good example of joined up working within the locality with local representatives actively involved.

## **Alcohol Liaison Nursing Service (ALNS)**

Luan also noted that following on from Carol McDougall's presentation on the ALNS at the last ADP Meeting there is now an agreement to have recovery volunteers in ARI to help in the early engagement of patients requiring further support.

## **Media Release (Management of Drunk & Incapable Individuals)**

After some discussion with Police Scotland representatives Fraser stated that it was felt more appropriate to hold back on any media release at this time, to ensure that any communication would be placed in the context of improvement, and as such opportunities to highlight developments could come on the back of the annual reporting mechanism alongside any other potential highlights.

**ACTION: Support Team and Police Scotland to provide a short briefing to members on impact of the new measures in place for drunk and incapable (D&I) individuals**

## **4. ADP Issues**

### **4.1 Membership matters**

Helen Shanks welcomed Councillors Boulton and McLennan as the newly elected members now joining the ADP. She also offered some support by way of any briefings that either member felt would be useful to them.

## **5. Presentations**

### **5.1 Locality Planning & ADP Objectives – Kay Diack**



ADP Locality Planning  
Presentation.pdf

Kay Diack gave a presentation on Locality Planning highlighting 3 Locality Plans focusing on the regeneration areas linked with the Local Outcome Improvement Plan (LOIP), and highlighting the various priorities created by the localities themselves.

A broad ranging discussion followed focused around prevention and early intervention in terms of parenting, education (children and young people) and the need for any intervention to be at the right time with the right individuals. Also noted was the need for awareness of what is going on across the partnership and to be able to gather intelligence leading to effective reporting into the Community Planning structure.

## 5.2 Community Planning Aberdeen – Michelle Cochlan



ADP Community  
Planning Update.pdf

Michelle informed the group on key developments on LOIP and discussed the new CPA structure and Quality Improvement Approach. On the progress report the ADP sits at 1.5 and this scale is revised based on improvements.

Michelle showed the group Assessment Outcome Improvement Group scale and of being able to progress on this and of how ADP score was reached. Helen Shanks outlined the need to identify improvements, some of which may be small in nature, but nevertheless where there is a need to demonstrate and learn from the improvements and potentially scale these up in the future.

Fraser Hoggan discussed Scottish Government Report and of having a future discussion with Michelle to look at how this can be better aligned. Sandy Kelman previously sat on the Lead Contacts group which Michelle chairs, Fraser Hoggan now sitting on this group with Helen Shanks sitting on the Management Group.

Ally Prockter asked if projects that have already commenced could be considered to be included in progress reporting retrospectively. Michelle agreed to speak to Ally regarding this outside of the meeting.

Helen Shanks thanked both Kay and Michelle for their very informative presentations.

**ACTIONS: Fraser Hoggan and Michelle Cochlan to liaise re Scottish Government reporting and alignment with the LOIP. Ally Prockter and Michelle Cochlan to meet to discuss other linkage opportunities.**

## 6. Workstream Updates

### 6.1 Update from ADP work “Making Recovery Visible”



ADP Making  
Recovery Visible Worl

Luan and Fraser discussed the “Making Recovery Visible” workstream group which was founded on actions around supporting individuals making recovery visible within their communities in order to help tackle stigma by generating positive stories (for mainstream media) and thus making as many as possible aware of recovery and recovery opportunities in Aberdeen. The workstream group now incorporates a number of wider partners also and reflects the need for developing the ‘recovery orientated system of care’ approach requested by Scottish Government policy.

Luan showed a short film on focusing on recovery. Group were all in agreement this was very informative in its approach adopting straightforward and common language.

Also highlighted was the role of Recovery, the growth in membership of Aberdeen in Recovery and some of the structured work being done in partnership with Station House Media Unit (SHMU). The ADA service-user forum is another development which supports this area of work. To date, there is strong evidence by way of clear growth in the number of positive and non-stigmatising stories around addiction and recovery being shared with the public across a range of platforms, including social media. There are a number of planned actions to increase the activity, also to include professionals in wider support areas, and a funding bid being developed currently to build capacity for structured recovery development in the priority localities.

Luan informed group of forthcoming Recovery Star Awards to be held Friday 24<sup>th</sup> November 2017, at the Citadel, Castlegate Aberdeen and extended an invitation to this for all members to attend the Awards.

*NB. This is the same day as the next ADP Meeting which will also be held at the Citadel (First Floor Meeting Room) prior to the Awards.*

**ACTION: Luan to invite members of Locality Planning groups to be involved directly in this workstream and invited members to bring forward any suggestions for action they felt would be useful to be included.**

Ally Prockter highlighted work in his area that helped to 'de-sensitise' issues and bring activity more into the mainstream. It was acknowledged that there could be areas of linkage to explore as recovery development is also about mainstreaming activity.

There was some further discussion around recognition of various types of trauma and the ongoing psychological issues that negatively impact on individuals with alcohol and drug problems, and that this can reach beyond geographic boundaries. It was acknowledged that this then reflects back to the earlier discussion in the meeting regarding how to build resilience.

Helen thanked Luan for the very informative and useful presentation.

## **7. Scottish Government**

### **7.1 Ministerial Priorities & Funding Allocations 2017-18 and Annual Reporting Template 2016-17**

Scottish Government has issued the same level of funding and similar priorities within the new reporting template as in the previous year (2016-17). The Scottish Government is however looking at future reporting mechanisms and requirements.

Helen reiterated the need to look and gather the evidence that would support the completion of the report template.

Tara Shivaji discussed links to Health & Social Care Partnership and that it could be helpful to make links with locality planning. Tara will update at next meeting.

**ACTION: Tara Shivaji to give update at next meeting**

## **7.2 Care Inspectorate National Alcohol & Drug Partnership Report (Quality Principles)**

To make all members aware of the national overview report highlighting areas of good practice, and notably a very positive report. Fraser Hoggan will discuss in later paper.

## **7.3 Scottish Government (Partnership for Action on Drugs in Scotland (PADS))**

The PADS structure was included within the papers for the meeting being useful to let ADP know of this nationwide partnership. Fraser Hoggan will be attending a event on PADS on Friday 1<sup>st</sup> September 2017 and will bring back findings on this to the ADP and will bring up as an agenda item in future to keep all appraised.

**ACTION: Fraser Hoggan to feedback on PADS event – and add PADS to future agenda items**

## **8. Finance**

### **8.1 ADP Finance Update**

Finance Report was presented highlighting the reduced income this financial year and current operational under-spends. The report was accepted by members.

A paper was presented that described the background to the ADP Finance Sub-Group. It was agreed to hold a workshop to refresh the Finance Sub Group's role and remit.

Helen Shanks said it would be useful to have a specific recommendation from the workshop for the ADP to consider. If any of group has any questions regarding this they should contact Alex Stephen.

**ACTION: Focus Group to feedback it's recommendation to next ADP Meeting**

## **9. ADP Progress Reporting**

### **9.1 ADP Progress Report**

Paper presented to Members.

### **9.2 Delivery Plan / Progress reporting updates and proposed changes reflecting National/local recommendations**

Summary paper presented outlining the various priorities passed on nationally around the care commission self-validation process, drug-related deaths etc. The paper highlights that there are many areas of repetition or overlap. Furthermore, we await the national refresh of both the alcohol and drug strategies which may also inform future reporting requirements. The opportunity for the ADP is to be able to take an early look at its Delivery Plan which is due for refresh for 2018.

Tara Shivaji noted the need to try and prioritise actions. Fraser noted that the Delivery Plan was based on a three year period which would lend itself to this. Helen noted that

this work wasn't starting from scratch but building on existing work taking on board incoming priorities.

It was suggested that a broader range of partners could be involved to help contribute to supporting this development.

Luan noted that many of the priorities aren't new but perhaps require some re-focus in terms of how the ADP approaches them.

It was acknowledged by Fraser that the current Delivery Plan does capture a lot of the priorities, however it needs to reflect improvement methodology linked with the LOIP etc.

**ACTION: Workshop on delivery plan and segment this based on changes decided from recommendations – Fraser Hoggan & Helen Shanks to meet prior to discuss possible draft paper and discuss date/venue and attendees**

## 10. Partners Updates

### Scottish Prison Service

George Peden informed all regarding the forth coming recovery walk due to take place Friday 29<sup>th</sup> September 2017 to which all are invited.

**ACTION: Any partners interested in attending recovery walk to contact George Peden**

### NHS Grampian

Substance Misuse Workstream at Prison – early days but key areas have been identified and around transfer of care and smoking cessation etc.

**ACTION: Tara Shivaji will give progress update in around six months**

### Commissioning Update

Simon highlighted that the commissioning process was ongoing with bids closing at 12 noon, 25<sup>th</sup> August 2017 and that this was now in the evaluation process. As this is a live ongoing process no further discussion could take place at this time.

## 11. Drug Matters

### 11.1 Drug Related Deaths

It was felt that this topic should be taken forward to a future meeting to allow more time to discuss in detail.

## **11.2 SDF Working Group report on Older People with drug problems in Scotland**

As above, this overlaps with drug-related deaths and could be considered in more detail at a future meeting.

## **11.3 “Orange Book” Clinical Guidelines update**

These guidelines have now been updated - proposing to evaluate what has changed in Clinical Practice and can these guidelines be made more “user friendly” and what training would staff need. This could tie in with a future service overview presentation to ADP – likely in 2018 meeting schedule.

**ACTION: To tie in with service overview and structure (post commissioning) – presentation to the ADP membership in 2018 meeting schedule**

## **11.4 Updates to UK Government Drug Strategy**

Noted that this has been re-launched and more focused on assertive outreach; ‘Seek, Treat and Keep’ and a focus on how to get individuals into recovery.

## **12. Alcohol Matters**

Tara gave an update around Alcohol Related Deaths (National Records for Scotland) data release. The report highlights increases in deaths, setting us apart from other European countries. The figures are very specific and don’t include suicide, drink-driving etc, so likely to be an underestimation of the overall deaths.

56 deaths registered in Aberdeen City showing an increase over the last 5 years. Noted that it is difficult to interpret trends with such low volume figures however, looking at annual averages over the years helps to determine this. In detail, more men than women 40 yrs plus, around a third alcohol specific liver conditions alongside other causes.

Alex Stephen highlighted that the trend was clearly present in a paper submitted by Simon Rayner and that this could be highlighted to the IJB who have responsibility for unscheduled care.

### **12.1 Minimum Unit Pricing**

No update at this time with the Court’s decision awaited.

### **12.2 Alcohol Brief Interventions**

ABI national (ISD) figures were released in June 2017 – reflecting the local target within NHS which is to deliver a specific number of ABI’s in certain areas. It was noted by Tara that the overall number of ABI’s are falling (relating to priority settings in particular where activity has peaked - Primary Care deliver the majority of these). A number of practical issues (e.g. recording) need to be looked at in more detail around this.

However, Tara also noted that the challenge is that this isn’t just about targets/numbers. There is a need to look at quality of conversation to establish how well the intervention works in terms of reducing alcohol consumption, and what elements work best.

In wider settings (non priority) there is good news in terms of increasing delivery, but again we need to learn from the impact, recognise appropriate settings, appropriate times to and the right professional groups to deliver. Currently some tests of change have been developed which will help partners to understand what does and does not work in this area.

### **12.3 Alcohol Hub**

Simon Rayner discussed the proposal paper (test of change) for an 'Alcohol Hub' which would support management of identified individuals with alcohol problems, i.e. those at high risk of hospital re-admission (and other negative outcomes).

The Hub is designed to bring together a range of key professionals into a case management system to help improve the outcomes for these individuals. It could also help support the identification and support of other individuals at an earlier stage.

The rationale is to make change outwith the specialist alcohol service, bringing in wider partners as part of the system.

Tara highlighted other local research backing up this approach.

**ACTION: Paper fully endorsed by the ADP to go to the IJB with a view for implementation and evaluation**

## **13. Community Planning Aberdeen Groups**

### **13.1 Community Justice**

Nothing to report at present

### **13.2 Resilient, Included & Supported**

Fraser currently attending this outcome group and looking to see how the ADP's business supports areas within the LOIP, looking specifically at some tests of change around alcohol brief interventions and 'making every opportunity count' (MEOC).

Fraser will liaising with Gail and other group members to establish future reporting processes between ADP and the LOIP. Fraser will take to workshop.

**ACTION: Fraser to take relevant information from the Outcome Groups to the Delivery Planning workshop**

## **14. Workforce Development**

### **14.1 Workforce Development Update – SDF NE Region Care Monitoring & Evaluation & Skills Network/ADP ELearning Alcohol/Drugs Report**

The Scottish Drugs Forum report highlights some excellent responses from partners fully engaging with learning and development opportunities. The current report is the best in recent years in terms of the scope of agencies engaged. The report demonstrates also that the quality of delivery has been excellent and well received. There are a number of events currently scheduled for delivery for 2017-18 and again will be delivered in partnership with SDF and Aberdeenshire ADP.

The E- learning engagement/completion percentage has been very good and will now focus on liaison with Aberdeenshire ADP regarding funding to keep the package live and available. Fraser will feedback any to ADP.

**ACTION: Fraser Hoggan will feedback any progress to ADP Members**

## **15. AOCB**

Helen noted the need for the meeting Agenda to be refreshed, with the ADP business being brought forward to earlier in the meeting. Helen noted that the various presentations were extremely valuable, but with limited time the meeting order would require adjusting.

**ACTION: Fraser Hoggan to meet with Helen Shanks in regard to refreshing Meeting structure**

### **Dates of next ADP meetings in 2017:**

- **Friday 24th November, 0900, First Floor Meeting Room, Salvation Army Citadel, Castlegate**

**Note** - Meeting in November is to begin at 9am and is to be held at same location as Recovery Star Awards. Details will be forwarded prior to meeting