



# Community Planning Aberdeen

Torry Locality Partnership

17/07/2019

Meeting Room: Torry Youth and Leisure Centre

## MEETING NOTE

### Communities Team

Jo Mackie (Locality Inclusion Manager)  
Colin Wright (Development Manager)  
Jade Leyden (Development Officer, minutes)  
Anne-Marie Steehouder-Ross (Development Officer)

### Community Reps

Margaret Wright (Community Rep)  
Patrick Robertson (Community Rep)  
Normund Varganovs (Community Rep)  
Fay Morrison (Community Rep)  
Beth Robertson (Community Rep)

### Community Partners

Derek Bain (Police Scotland)  
Laura Young (SHMU)  
Mike Wallace (Sport Aberdeen)  
Ross McKay (GREC)  
Susan Morrison (ACVO TSI,  
Coralie Usmani (Big Noise, Team Leader)  
Councillor Jenny Laing  
Gill Robertson (ADP)  
Nicky McKay (CFINE)  
Graham Dale (Sport Aberdeen)

### In attendance

Aberdeen Law Project Reps

### Apologies

Tracey Buchan (AHSCP)  
Councillor Yvonne Allan  
Bryan Nelson (SFRS)  
Emily Story (Walker Road PS)  
Christopher Kerr (Police Scotland)  
Blessing Udofia (Community Rep)  
Rod Smith (Police Scotland)

ACTION POINTS	ACTION LEAD
<b>1. Welcome and Introductions</b> Fay opened the meeting and everyone gave introductions Jade listed the apologies and advised that Rosie no longer wishes to	

<p>be a community rep. The group welcomed Liga as a new community rep.</p>	
<p><b>2. Minutes of previous meeting</b> CCTV – diverted to next agenda</p>	
<p><b>3. Oral Health Project</b></p> <p>Cfine have been working on the veg cities project on the promotion of healthy start vouchers.</p> <p>Following identification of funding and oral health as an issue by the Locality Partnership. CFINE have secured Oral Health Challenge Funding over the next three years for a Healthy Start and Smile pantry – similar to the existing one at woodside. Members pay a one off fee, then they have access to 10 items for a standard nominal amount of £2.50.</p> <p>The project has a multi-agency and community steering group.</p> <p>This Pantry will also be offering a lot of oral health programmes to people in Torry who are eligible for Healthy Start Vouchers, including</p> <ul style="list-style-type: none"> <li>• Access to the SAFE team – who provide, among other things, benefit checks and finance support.</li> <li>• Baby step programme, where mothers learn to cook healthy meals when they are pregnant, a weaning programme and healthy exercise programme. Graeme advised Brian Harrison is Sport Aberdeen’s healthy walk leader- Nicky to get in touch.</li> <li>• Child Smile team are also involved and will be doing chats and talks about oral health at other sessions. Cfine have dentists on board- professors from Dental School are interested. Dentist in Torry is upstairs and is causing issues around accessibility for some, CFINE will support people that need access to find a dentist elsewhere.</li> </ul> <p>A big issue that Cfine have are lack of volunteers. There will be a high level of training required (for working in the pantry) as they will need to know a lot about food hygiene and general running of the shop – this although a great opportunity is quite a big commitment.</p> <p>Jo advised that this shows that the work of the Locality Partnership tangible benefits, in this case, identifying an improvement aim around oral health and enabling access to funding for this project. Nicky advised that the next stage is to have a 3<sup>rd</sup> Pantry in the Balnagask area– it is felt that, that area is the best in terms of access</p>	<p><b><u>All</u></b> <b>Any ideas for volunteers please let Nicky know!</b></p> <p><b>Nicky to get in contact with Graeme</b></p> <p><b>Derek to get in touch with Nicky re. oral packs.</b></p>

<p>for people in Torry. Jo asked what are the targets for improvements? Nicky explained that this will be clarified further down the line but there will be liaison with schools, medical centre etc. to ensure the relevant people have access to the new services.</p> <p>Derek advised that there was a previous project for prostitutes that was not taken up therefore the police will donate oral packs to Cfine.</p> <p>Colin advised that part of the project is also about recruiting oral health champions- encouraging local people to register with a dentist and promote healthy habits and a charter for improvements needs to be developed.</p> <p>There will be a programme to make sure partners are all on the same page and promoting the Pantry.</p>	<p><b>CW and CFINE ot develop charter for consideration</b></p>
<p>4. LOIP project updates (Torry)</p> <p><i>Reduce % of men and women who are obese to 20% by 2021</i></p> <p>The project has had three meetings so far. It is likely that the charter will be submitted at the next management group as opposed to the one coming up, as the group wish to collect more data around what people feel the barriers to accessibility/services are, what, if any useful services are missing in the area. After some data on this has been explored, the group can use this to decide on a way forward. More robust update at next meeting.</p> <p><i>Other projects likely to be piloted in Torry</i></p> <ul style="list-style-type: none"> <li>• Increase the number of people from priority groups (care experienced young people, people with convictions, people with housing need) employed by public sector partners by 2021.</li> <li>• Reduce the rate of teenage pregnancies [under 16s] in the CPP locality areas by 10% by 2021.</li> <li>• Increase in the uptake of Healthy Start Scheme and Vitamins by 4%, by April 2020</li> <li>• Reduce the number of births affected by drugs by 0.6 %, by 2022</li> <li>• Reduce instances of anti-social behaviour as a result of appropriate and effective interventions in targeted areas by 10% by 2021/Extend the multi-agency problem solving approach to all 16 and 17 year olds charged with an offence to reduce the likelihood of reoffending which could lead to a conviction</li> <li>• Reduce the incidence of fatal drug overdose through innovative developments and by increasing the distribution of naloxone by 10% year on year by 2021.</li> </ul>	<p><b>Jade to invite Chris LJ to next meeting.</b></p> <p><b>Jo to invite Derek Mcgowan to next meeting</b></p>
<p><b>5. LOIP project charters (Alcohol and Drugs Partnership, ADP)</b></p>	

Project One: Reduce the number of births affected by drugs by 0.6 %, by 2022 (Charter passed at the beg. Of July)

September start with the project group.

Change ideas for the project include:

- Increase the number of contraception review undertaken by SMS
- Increase the number of contraception review undertaken in primary care – use VISION to recall and review
- Run a promotion in locality areas
- Increase distribution of condoms
- Develop a sexual health checklist
- Make on line modules available
- Develop PAUSE programme

**Project Two: Reduce the incidence of fatal drug overdose by innovative developments and increasing the distribution of naloxone by 10% year on year by 2021**

Naloxone is a method that can reverse the effects of drug taking, recently there has been a nasal spray developed (comes in packs of two, roughly same shelf life as injectables.) and will be introduced in time. Also available and currently used as an injectable treatment (There is an expiry date for Naloxone, approx. 3 years). Spread of Naloxone not as widely used in the community as it could be. If administered without other opiates in system, this will not have a negative impact on the individual.

Change ideas for the project include:

- Improve and increase the number of community overdose champions: Develop a pathway for peers and family members to become naloxone trainers. This would be applicable to people with lived experience, family members, and community groups. Part of the pathway would be an affiliation process by which volunteers can be recognised by a substance misuse service / approved third sector agency. This will allow community members and volunteers to become overdose champions and distribute naloxone.
- Media campaign to raise awareness of naloxone to address stigma and provide information on how to become a naloxone trainer. The theory is that increased awareness and ease of making contact will increase the number of people who put themselves forward to be trainers, we will produce a video on

**Derek keen to be involved in project team and Gill to get in touch with Anne-Marie.S**

**Graeme Gardiner to be invited to the drug related death improvement group AMS**

<p>what naloxone is, and how to use it along with directions for how to get a supply or get trained. This will be published on already existing website which provide information for people concerned about drug misuse. We will also distribute branded goods like t-shirts, wristbands and keychains with mouth protectors to raise the visibility of champions. We will work with the mainstream media on overdose awareness day to present stories about the opportunities for recovery and reversal of overdose. The messages in this change idea will directly address issues such as the fear of carrying a naloxone kit due to the risk of stigma or other negative consequences.</p> <ul style="list-style-type: none"> <li>• Provide comprehensive harm reduction advice for people who will use illicit substances based on suggestions from the Harm Reduction Coalition’s toolkit on take home naloxone.</li> <li>• Develop a help pack for places / settings where people who are at high risk of overdose may attend (e.g. police custody, housing, private businesses and NHS Grampian acute sector). Other settings would be identified using qualitative and quantitative intelligence. The pack would include: <ul style="list-style-type: none"> <li>▪ Contact details of local overdose awareness champions</li> <li>▪ Provision of overdose awareness training to people who are working in setting including naloxone distribution</li> <li>▪ Environmental Risk Assessment</li> <li>▪ Provide information on overdose to be displayed in the service</li> <li>▪ Assist in the development of local standard operating procedures which would be the means by which risks of overdose in the short and medium term would be recognised and reduced for people in contact with that service / setting.</li> </ul> </li> </ul>	
<p><b>6. Food and Fun – Summer Programme</b></p> <p>This project has started and will run for the duration of the school break. It provides free meals and activities to children in need during the school holidays. Totals so far (including Big Noise provision) averaging 50-60 children per week.</p> <p>Cfine are providing food, AFCCT and Sport Aberdeen are providing the coaches for the fun activities.</p> <p>In Torry there is a looked after young person volunteering at the project. Hours being counted toward Saltire awards.</p> <p>3.5k funding for food and fun was awarded last week – This will be</p>	

<p>used to develop the project in the future.</p> <p>Coralie asked, will it run in Oct? It was explained that, that is the idea, though no plans have been confirmed yet. Efforts will be made to make sure Big Noise is liaised with throughout and at an early point in planning.</p>	<p><b>Colin Wright</b></p>
<p><b>7. Aberdeen Law Project</b></p> <p>The Aberdeen Law Project is a Non-profit organisation and gives free legal advice for those that can't afford it but do not qualify for legal advice. Exclusively organised by law students, not in association with the university. The project is prominent in community outreach and can also provide mock trials around schools to teach children/give the experience of being in a court room.</p> <p><u>Community Outreach</u></p> <p>Charities and commerce – charities come in and give presentations and make links. Help small businesses with legal advice when setting up.</p> <p>Education – in schools, raising awareness of cyber bullying etc. Mock trials based on Harry Potter to raise awareness about criminal justice.</p> <p>Employment – prisons project help prisoners work on employability skills. Advice on 0 hour contracts etc.</p> <p>Housing – renters rights.</p> <p><u>Legal Advice</u></p> <p>Cannot provide advice in criminal and family law- not insured for this as students.</p> <p>Common advice given:</p> <ul style="list-style-type: none"> <li>- Housing. Tenancy disputes, unfair rent, unfair landlord. Not large amount of money. Possible way for the TLP to better promote this service locally?</li> <li>- Employment – employment tribunals, unfairly dismissed, discriminated against.</li> </ul> <p>The project is active on social media – You can email to get in touch and arrange to meet using this email: <a href="mailto:general@abdnlawproject.com">general@abdnlawproject.com</a></p>	<p><b>Jade/Rod:</b>  <b>Invite Law project to future TYAG meeting – possible to use the service for Youth ASB project.</b></p>

<p>Ross asked, do you provide support around immigration law? Generally no – but there is scope to be able to help people with the admin side of that. Plans for the future to guide people through the process.</p> <p>Another question was asked around the wait time? No new cases are taken during summer typically, there is roughly a 2/3 week waiting list during term time.</p>	
<p><b>8. New Project Charters</b></p> <p>Deferred to next meeting</p>	
<p><b>9. UDECIDE</b></p> <p>Jade to convene a steering group meeting and bring ideas back to wider group at next meeting.</p>	<p><b>Members to email if they would like to sit on the steering group.</b></p>
<p><b>10. REPORT BACK PARTNERSHIPS</b></p> <p><i>TYAG:</i> No update at the moment – deferred to next meeting</p> <p><i>Partnership Forum:</i> No update – schools off</p> <p><i>LLG</i> – No update</p> <p><i>Community Council:</i> No meeting until August. Torry Connect website (website for community council) – good feedback from schools. Desperately needing funding. Other partners would be able to have their own page to promote anything that we have going on. Possible agenda item for next meeting to discuss more. Councillor Laing asked about Community platform that ACC are working on – could this fit into this idea?</p>	<p><b>Jo to get more info on the community platform in progress with ACC. Coralie options for a really simple community council website – as a starting point</b></p>
<p><b>11. AOCB</b></p> <p><i>Annual Report</i> – Will be circulated, nearly completed</p> <p><i>Hub</i> – Online Platform up and running – viewed a lot but not many comments.</p> <p><i>New Members</i>- one new member, Liga, welcome! Membership will be open – rolling every month anyone from Torry open and rolling invite to the locality pre-meetings.</p>	<p><b>Jade – create new poster for community bumping</b></p>

Torry Song was aired and very well received	<b>places and social media</b>
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