

#### 4.1 Children's Mental Wellbeing

Project Aim	Start Date	Testing End Date	Progress Scale
Increase the confidence of school-based staff, parents and young people to recognise and respond to deteriorating mental wellbeing by 2022 (See charter for individual aims). <b>Project Manager:</b> Bill O'Hara (ACC), Lauren Mackie (ACHSCP) <a href="#">Project Charter Approved December 2019</a>	Dec 2019	Dec 2022	6 – Testing Changes
Changes Being Tested (Specify location/ test group)	Are our changes resulting in improvement?		
4 sites have been identified for testing, namely: Aberdeen Grammar; Bridge of Don; Bucksburn; Hazlehead to test the following: Adapting Mind of My Own App to include mental health and wellbeing) Pathways for referral and engagement of school nurse. Providing awareness raising for parents to better recognise mental health concerns	This project charter was first approved in September, but since then a third project aim was added in December. The revised project charter was approved in December and testing began in January. Outcomes of testing will be reported in a later update		
Improvement Data			
			
			