

12.1 Support for Vulnerable Young People at Risk of Substance Misuse

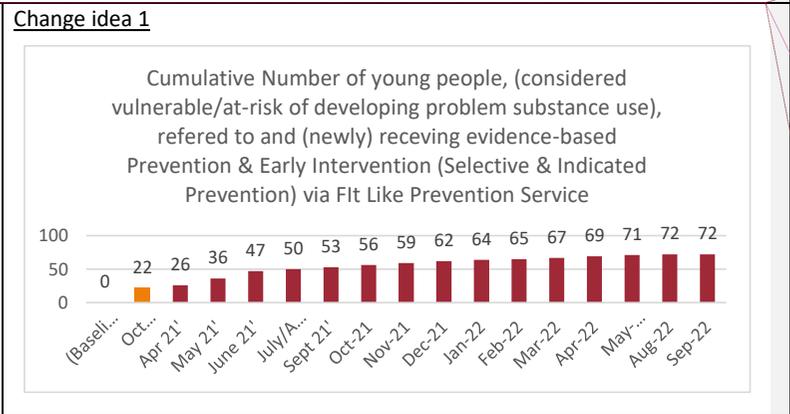
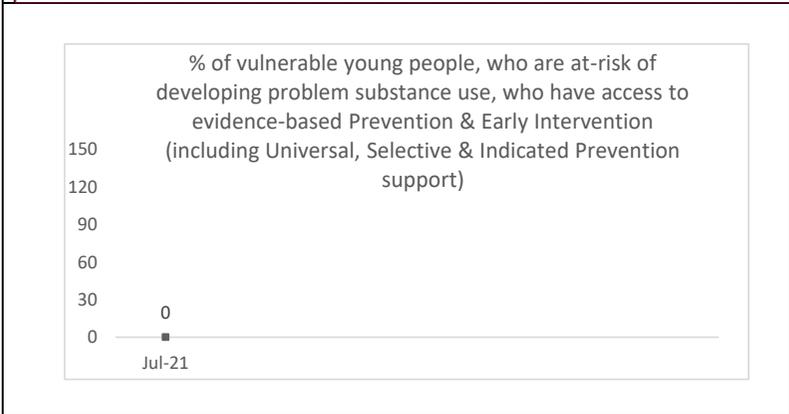
Project Aim		Start Date	Testing End Date	Progress Scale	Project RAG
100% of vulnerable young people, who are at-risk of developing problem substance use, have access to evidence-based Prevention & Early Intervention (including Universal, Selective & Indicated Prevention support) by 2023. Project Manager: Steve McConnachie (ACC) Revised Project Charter December 2021		Sept 2019		6 – Testing Underway	G – on track
Changes being tested		Are our changes resulting in improvement?			
What changes are being testing?	Which Locality and/ or test group	<p>There is clear improvement in the delivery of a service targeting young people with increasing vulnerability, prior to need for formal statutory intervention, where they had previously been no such provision exclusively for this level of (<i>Selective-Indicated</i>) prevention.</p> <p>The Development of a data set exploring A.C.Es has created a baseline for Children and Young people Looked-After at Home and Living in Kinship care and reveal a significant population considered at-risk of developing problem substance use (based on understandings from the evidence base). This does not predict these young people will develop substance use problems, but research has shown that where individuals experience multiple ACEs they were more likely to have experience problem drug use that those with lower ACE scores. Therefore a process of developing a network of prevention champions to embed within the social work system is currently underway.</p> <p>The recently established Improvement group supporting this charter has been tasked with identifying potential individuals embedded within our service who would be willing and supported to progress in this system support role (prevention champions). The next meeting is mid-October where we will move to approach identified individuals and their managers to commence the process of training them and establishing our network</p> <p>Following the previously reported test survey which highlighted sample staff being generally unfamiliar with terminology of with Selective & Indicated Prevention despite reporting confidence across a range of skills pertaining to these areas, an eLearning module has been developed and will be rolled out to this staff group by the end of October. This eModule will provide a foundational understanding of evidence based prevention with a kind to increasing awareness of where current practices align to this.</p>			
Evidence based-prevention and early intervention services set up in Fit Like Hubs, to provide evidence based-prevention to young people increasing in vulnerabilities where these are not such that require statutory intervention, or that this non statutory avenue is the most accessible support.	Alcohol & Drugs Action/Aberdeen Foyer (service delivery) Situated with the Fit Like HUBS				
Develop a data set, to identify occurrence of Adverse Childhood Experiences and in order to identify young people who (based in evidence) would be considered being at <i>increased</i> risk of problem substance use	City Wide; Vulnerable Young people open to Social Work				
A Prevention and Early Intervention Improvement groups has been established within Children Services to support approaches to data capture and tests for change					
A Skills and Knowledge Framework for Prevention and Early intervention has been developed with parents making up a multiagency 'Prevention for vulnerable young person's group'. With first testing in specific sites/services this is being explored to help begin an interactive process with the workforce about how they can be supported to develop the necessary skills and knowledge which result in evidence-based prevention, with the desired result that all young people supported by any included service have "access to evidence based prevention and early intervention.	Will seek to expand to included Residential Child Care/Through care and the Edge of Care Service in the next phase of testing				

<p><i>Short surveys pre and post roll out will be used to reflect any improvement in staff understand and delivery of prevention and early intervention.</i></p> <p><i>Initial surveys to support the development of workshops in a test sight (Edge of Care Service) have been rolled out and feedback has been given</i></p>		<p>We are advancing with our plan for a pilot Trauma Training programme and have received buy in across social work management groups. There will be a presentation given to the Extended Children's Service Management Team meeting in October which will be the pre-cursor to staff being identified and the process of the pilot commencing.</p>
<p>Given the evidence base highlight Trauma as (one of) the single biggest factors in the development of problem substance use. A key strategy to ensure all vulnerable young people have access to evidence based prevention and early intervention is by ensuring that the work force who work with young people are trauma informed and deliver trauma responsive services.</p> <p>What's more it is further essential to this that the services and organisation around these staff are set up to ensure that in all aspects they are delivering Trauma-informed Care – meaning all process, procedures, environments.</p> <p>This has to be a multi-stage phased approach and spans beyond this project however it is a fundamental test to ensure this project.</p> <p>For testing this is taking place within Children's Services, with staff surveys being linked to the National Trauma Training Plan.</p> <p><i>Testing will begin in October(tbc) will be a year long programme. The programme will include ongoing evaluation that may feed into reporting but really significant reporting wouldn't be expected till next summer</i></p>	<p>Children's Services, with staff surveys being linked to the National Trauma Training Plan</p>	<p>Work in delivering a service to young people in the transitional phase of moving into through and continuing care support and a link with the Assertive outreach project has seen 20 young people receive direct support via the worker in the Corra funded post and approximately 50 young people over all supported when we include the additional young people's who workers have been supported to think about substance use related issues and approaches to prevention & early intervention.</p>
<p>Are there any issues/risks we are escalating?</p>		
<p>Post funded through CORRA funding for linking Continuing Care service for care experienced young people to Assertive Outreach to improve pathways and identification of CEYP at risk of drug related mortality underway in a discovery phases where post holder is convening work to support the identification of vulnerability in this population. With learning that there isn't a large amount of need currently being identified via Assertive Outreach for Care Experienced persons under 26, additional focus on the pathways of young people within the care and through care services is now</p>		

Commented [AS1]: Can we show this in a run chart? No. of YP supported by **post?

becoming a focus in the project to support and identify where there are emerging vulnerabilities.

Improvement Data



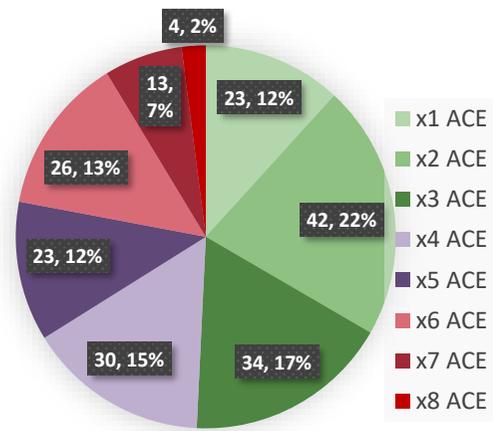
Commented [SM3R2]: I dont think the baseline can be worded like this.. I think it will have to come through how many staff have been trained/completed training and perhaps how many young people are approx. have access because of that

Commented [AS4R2]: Hi Steve, sorry thought I'd replied to this but as discussed you would be able to do it through the number of staff trained so for example if 10 staff were trained what % of vulnerable YP (as defined by the project) would have access and you would be able to show the increase via the number of staff trained & then the impact of the training.

Commented [SM5R2]: Yea I think this will be a reasonable approach. hopefully over the next month or two these tests can commence

CYP Looked-after at Home & Living in Kinship – experiences of ACEs and Education Experiences – change idea 2 above.

Numbers of Adverse Childhood Experiences across CYP Looked after at home & living in Kinship Care in Aberdeen



Health and Behavioural Experiences	Increased risk for those with 4 ACEs compared to individuals with 0 ACEs
Develop Respiratory Disease	3x
Develop Heart Disease	3x
Develop diabetes	4x
Be a high-risk drinker	4x
Smoke tobacco or e-cigs	6x
Become pregnant <18 years old	10x
Smoke cannabis	11x
Commit violence	15x
Use crack cocaine or heroin	16x
Become incarcerated	20x
Mental Wellbeing	
Never/rarely feel relaxed / close to others	3x
Never/rarely thinking clearly	4x
Never/rarely dealing with problems well	5x
Never/rarely feel optimistic about the future	6x

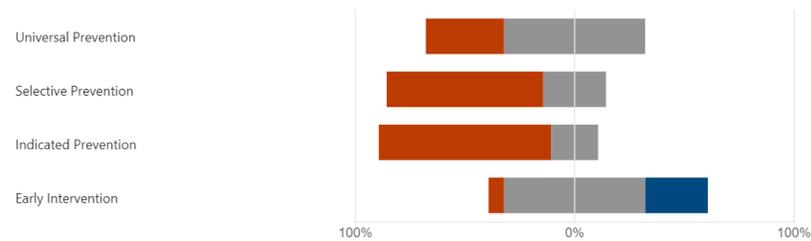
(Table shows evidence from a research study (Bellis 2014) where individual with 4+ ACEs saw an increased likelihood to experience a range of outcomes, Note: This doesn't say that the levels of young people in our baseline with 4+ ACEs is predictive of particular outcomes but is reflected here to show the vulnerability of this population/need for access to prevention based supports.

Change Idea 3 Responses to familiarity with concepts of Prevention v confidence in Knowledge and skills(n-14)

How Familiar are you with the following concepts?

[More Details](#)

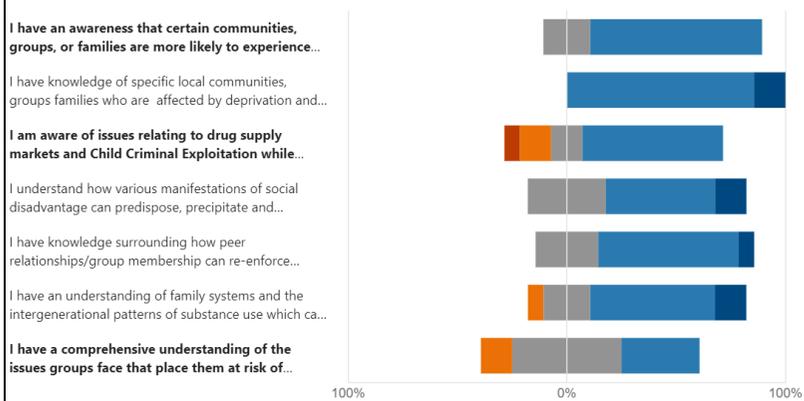
■ Not Familiar ■ Somewhat Familiar ■ Very Familiar



Selective Prevention - Please indicated whether you agree with the following personal statements

[More Details](#)

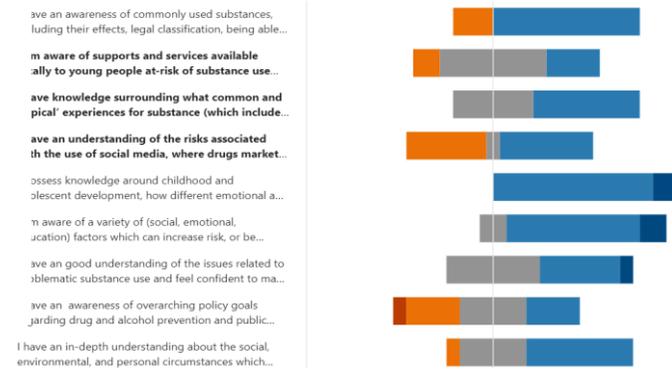
■ Strongly Disagree ■ Disagree ■ Unsure ■ Agree ■ Strongly Agree



Universal Prevention - Please indicated whether you agree with the following personal statements

[More Details](#)

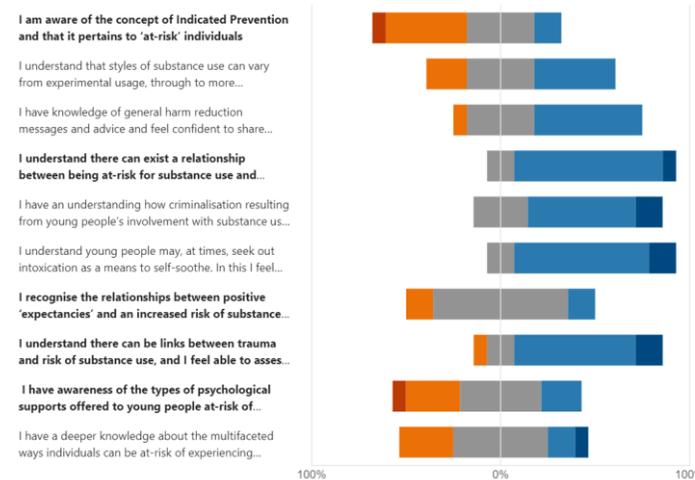
■ Strongly Disagree ■ Disagree ■ Unsure ■ Agree ■ Strongly Agree



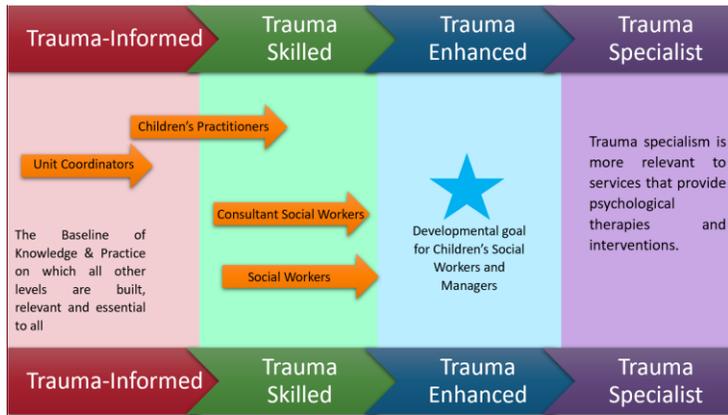
Indicated Prevention - Please indicated whether you agree with the following personal statements

[More Details](#)

■ Strongly Disagree ■ Disagree ■ Unsure ■ Agree ■ Strongly Agree



Self-assessment for Trauma-Informed Knowledge and Skills among Childrens Social Work Staff (based on Initial pre-Test for Change survey) (Change Idea 4) (n=63)



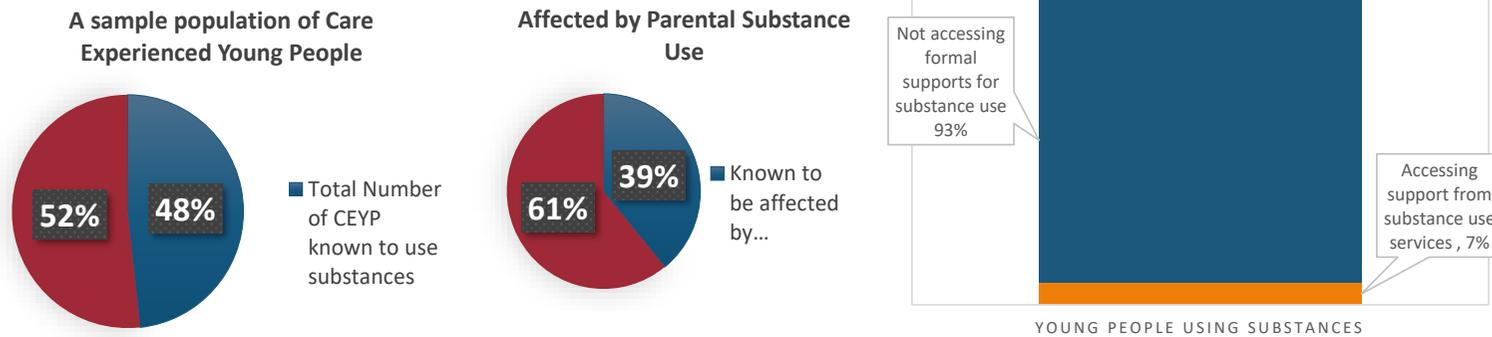
Commented [AS6]: Do we know the no. Of staff who self assessed at the various levels?

Commented [SM7R6]: Yes I will extract this

Commented [SM8R6]: 65 added

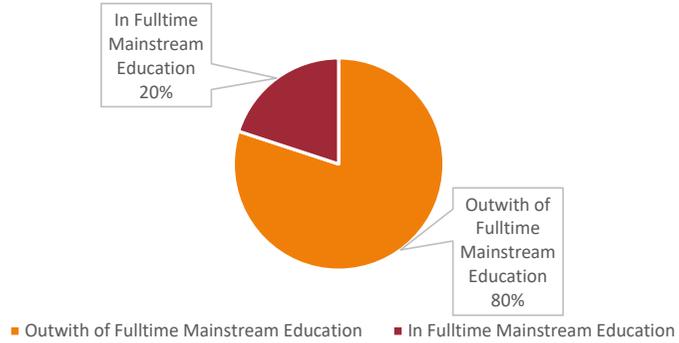
Commented [SM9R6]: 63*

Sample Service (April 2022) – Baseline (Change idea 5)

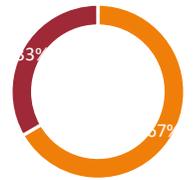


BASELINE DATA – (Sample services (2020) For Vulnerable Looked After Children & Young People (incl. Care Experienced Young People)

Care Experienced Children & Young People at-risk of missing out on Universal Prevention

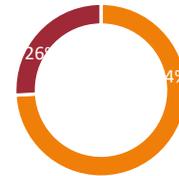


Care Expeirenced Young People engaged in substance use



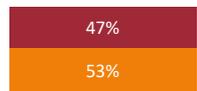
■ Not Using Substances
■ Using substance

At-risk young people engaged in Substance use (Sample)



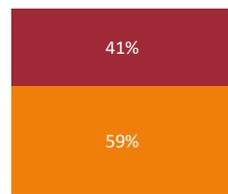
■ Not Using Substances
■ Using Substances

CARE EXPERIENCED YOUNG PEOPLE AFFECTED BY PARENT/FAMILY SUBSTANCE USE



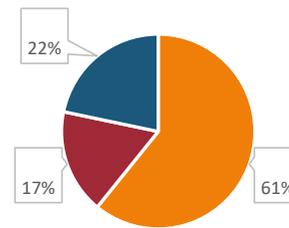
■ Affected by Substance Use
■ Not Affected

VULNERABLE YOUNG PEOPLE AFFECTED BY PARENT/FAMILY SUBSTANCE USE



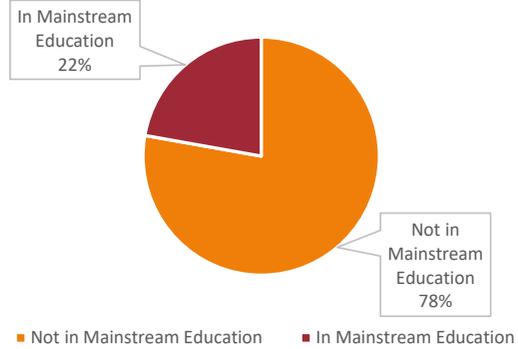
■ Not Affected ■ Affected by Substance Use

Care Expeirenced Children outwith Fulltime Mainstream Education supports

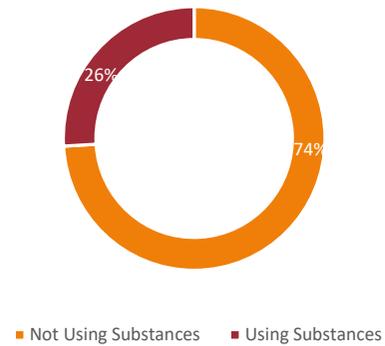


■ Alternative to Education ■ No formal support
■ Part-time timetable (Mainstream)

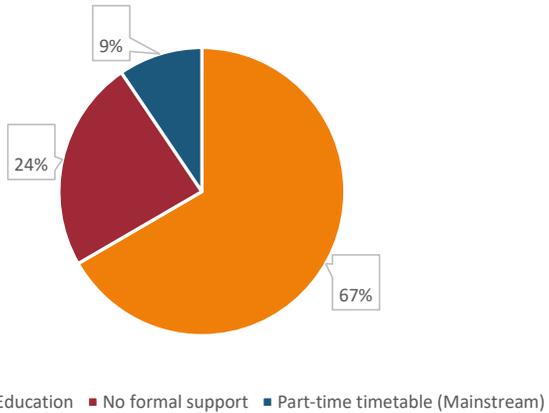
Vulnerable Children & Young People at risk of Missing out on Universal Prevention (Sample from a support Service)



At-risk young people engaged in Substance use (Sample)



Young People Missing out on Universal Curriculum-based Prevention (Sample)



Status of Vulnerable Young People Missing out on Universal Prevention (Sample)

