

3.7 Child Healthy Weight

Project Aim		Start Date	Testing End Date	Progress Scale
Reduce child obesity at Primary 1 stage by 10% by 2022		Sept 2020	August 21	5 – Designing Changes
Project Manager: Lauren Mackie (ACC) Project Charter Approved Sept 2020				
Changes Being Tested (Specify location/ test group)		Are our changes resulting in improvement?		
Project progress was impacted due to COVID redeployment priorities and is now looking to link in with the ongoing work of the Breastfeeding project, to use the cohort they are working with to deliver healthy eating messages.				
Improvement Data				
<p>% of primary 1 children whose BMI is within the top 5% of the 1990 UK reference range for their age and sex</p> <p>80 _____</p> <p>50 _____</p> <p>20 _____</p> <p>Date</p>		<p>No. of families participating in interventions</p> <p>100 _____</p> <p>80 _____</p> <p>60 _____</p> <p>40 _____</p> <p>20 _____</p> <p>0 _____</p> <p>Date</p>		
<p>No. of families reporting behaviour change following intervention</p> <p>100 _____</p> <p>80 _____</p> <p>60 _____</p> <p>40 _____</p> <p>20 _____</p> <p>0 _____</p> <p>Date</p>		<p>No. of professional undertaking training</p> <p>100 _____</p> <p>80 _____</p> <p>60 _____</p> <p>40 _____</p> <p>20 _____</p> <p>0 _____</p> <p>Date</p>		