

4.1 Children's Mental Wellbeing

| Project Aim | Start Date | Testing End Date | Progress Scale | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Increase the confidence of school-based staff, parents and young people to recognise and respond to deteriorating mental wellbeing by 2022 (See charter for individual aims). Project Manager: Bill O'Hara (ACC), Lauren Mackie (ACHSCP) Project Charter Approved December 2019 | Dec 2019 | Dec 2022 | 5 – Designing Changes | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Changes Being Tested (Specify location/ test group) | Are our changes resulting in improvement? | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| The project continued to support the surveying of Children and Young People over COVID lockdown but are now looking for avenues to begin specific interventions. Due to ongoing COVID restrictions team have been unable to start working with schools. Are currently looking at supporting children through the Wellbeing Hubs | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Improvement Data | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>Pre- and post- completion of the SAMH e-learning module - how confident do you feel in leading a conversation about positive mental health?</p> <table border="1"> <caption>Confidence in leading a conversation about positive mental health</caption> <thead> <tr> <th>Confidence Level</th> <th>Pre- (Number of People)</th> <th>Post- (Number of People)</th> </tr> </thead> <tbody> <tr><td>1</td><td>0</td><td>0</td></tr> <tr><td>2</td><td>1</td><td>0</td></tr> <tr><td>3</td><td>0</td><td>0</td></tr> <tr><td>4</td><td>0</td><td>0</td></tr> <tr><td>5</td><td>1</td><td>1</td></tr> <tr><td>6</td><td>1</td><td>0</td></tr> <tr><td>7</td><td>2</td><td>2</td></tr> <tr><td>8</td><td>0</td><td>1</td></tr> </tbody> </table> | Confidence Level | Pre- (Number of People) | Post- (Number of People) | 1 | 0 | 0 | 2 | 1 | 0 | 3 | 0 | 0 | 4 | 0 | 0 | 5 | 1 | 1 | 6 | 1 | 0 | 7 | 2 | 2 | 8 | 0 | 1 | <p>Pre- and post- completion of the SAMH e-learning module - how confident are you in recognising changes in a young person's behaviour that might indicate a mental health problem?</p> <table border="1"> <caption>Confidence in recognizing changes in a young person's behaviour</caption> <thead> <tr> <th>Confidence Level</th> <th>Pre- (Number of People)</th> <th>Post- (Number of People)</th> </tr> </thead> <tbody> <tr><td>1</td><td>0</td><td>0</td></tr> <tr><td>2</td><td>0</td><td>0</td></tr> <tr><td>3</td><td>0</td><td>0</td></tr> <tr><td>4</td><td>2</td><td>0</td></tr> <tr><td>5</td><td>0</td><td>0</td></tr> <tr><td>6</td><td>2</td><td>1</td></tr> <tr><td>7</td><td>1</td><td>1</td></tr> <tr><td>8</td><td>0</td><td>2</td></tr> </tbody> </table> | | | Confidence Level | Pre- (Number of People) | Post- (Number of People) | 1 | 0 | 0 | 2 | 0 | 0 | 3 | 0 | 0 | 4 | 2 | 0 | 5 | 0 | 0 | 6 | 2 | 1 | 7 | 1 | 1 | 8 | 0 | 2 |
| Confidence Level | Pre- (Number of People) | Post- (Number of People) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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