



## Resilient, Included and Supported (RIS) Outcome Improvement Group

16.12.21 10.00-11.00am

### Action Note

Item No.	Item Name
1	<p><b>Welcome and Apologies</b></p> <p>Present: Alison Macleod (Chair), Darren Bruce, Jill Franks, Flora Douglas, Chris Smillie, Gordon McDade, Neil Carnegie, Brian Nelson, Craig Singer</p> <p>Apologies: Sandra MacLeod, Steven Shaw, Derek McGowan. Allison Swanson, Tracy Davis &amp; Lucy McLeod</p> <p>Alison MacLeod chaired the meeting, in the absence of S MacLeod (chair). B Nelson (vice chair) joined the meeting later on, as he was involved in an operational matter.</p> <p>A MacLeod welcomed everyone and introductions were done. AM also noted to the meeting that due to winter pressures, some allowance of slippage is to be expected on some of these projects. With a combination of Operation Iris and winter pressures over the next 2-3 months, these will impact on the capacity of some PM's and project team members, as far as the RIS projects are concerned.</p> <p>This could also affect the availability of S MacLeod, as chair, to attend the RIS meetings.</p>
2	<p><b>Note of meeting 26.10.21</b></p> <ul style="list-style-type: none"><li>• The action note was accepted as accurate. D Bruce confirmed this.</li><li>• All actions from the previous meeting have been completed.</li><li>• N Carnegie provided an update on <i>Increase opportunities for people to increase their contribution to communities (volunteering) by 10% by 2023.</i></li><li>• Project charter has progressed</li><li>• Project team set up and in the process of populating this.</li><li>• Tracy Davis – is now PM for <i>To support 50 low income families in priority neighbourhood to improve eating behaviours and adopt positive lifestyle choices to help towards a healthy weight by 2023.</i></li><li>• T Davis sent apologies for this meeting. TD is progressing the project and will provide updates as it moves forward.</li><li>• Lucy McLeod – is now PM for <i>Refer 20% of people living with COPD or other respiratory conditions into specific PR physical</i></li></ul>



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	<p><i>activity and other support programmes delivered in community settings by 2023.</i></p> <ul style="list-style-type: none"><li>• It was suggested by AM that the timings for this project are pushed back by 2 months. As LM is new into the role and will also have capacity issues over the coming months due to winter pressures.</li><li>• The group were very accepting of this and understanding in terms of possible delays due to winter pressures.</li></ul>
3	<p><b>Dashboard – Stretch Outcome 11</b></p> <ul style="list-style-type: none"><li>• Prior to the meeting, Allison Swanson confirmed that the dashboard was up to date and working well.</li><li>• D Bruce highlighted that there were some difficulties in capturing the impact of the “Reduction in Suicides” project. Although great work is being done, measuring the feedback is something that is sometimes a struggle.</li><li>• A Test Group for the project will be “men working in big industry”.</li><li>• D Bruce also highlighted the need for more community connectors for the project.</li><li>• D Bruce is keen for a Police Officer to attend the LEG’s meetings and to be part of the LEG’s.</li><li>• C Smillie welcomed this and will work with D Bruce to promote this. With the hope that this link leads to community connectors being identified and coming onboard.</li><li>• D Bruce has been in contact with M Wyllie regarding producing a short film to promote the project and to showcase the results they have had so far.</li></ul>
4	<p><b>Revised Charters for QA</b></p> <ol style="list-style-type: none"><li>1. <i>-Increase opportunities for people to increase their contribution to communities (volunteering) by 10% by 2023. (Neil Carnegie) – to follow in advance of the meeting</i><ul style="list-style-type: none"><li>• Neil Carnegie provided a progress update to the group.</li><li>• The project team is taking shape.</li><li>• <b>NC will link up with DB to pick up on the synergies between their respective projects. In particular, within the North locality.</b></li><li>• There is an aim to advertise on the volunteer hub for community connectors, with a focus on the North Locality.</li><li>• Bryan Nelson mentioned that the “Gramps walk &amp; talks” were to be starting up again in 2022. This could be a possible recruitment avenue for younger volunteers.</li><li>• Craig Singer noted that the YMCA through “Youthlink” have given some money for environmental volunteers. Which could again be another avenue to recruit volunteers. <b>CS to forward contact details to NC.</b></li></ul></li></ol>



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	<ul style="list-style-type: none"><li>• There is a gap in the project team in terms of an ACHSCP representative. <b>A MacLeod agreed to identify a rep and contact NC with the details.</b></li><li>• <b>Charter will go to the next management meeting.</b></li><li>• <b>Craig Singer - Reduce tobacco smoking by 5% by 2021.</b></li><li>• CS informed the group that there had been some struggles to progress the project charter, as some members of the project team had moved on. However, progress had still been made.</li><li>• One success has been an Elearning module, through HomeStart, has been a success. Where staff talk about how to stop smoking with young people and signpost them to the best pathway to help them stop.</li><li>• The "Smoking cessation app" has also been identified as a possible future piece of work within this project.</li><li>• CS proposed to keep the current change ideas within the charter, although he did point out that there may be some struggles to carry out all the work, due to current lack of project team members.</li><li>• A MacLeod informed the group that the Public Health Co-ordinators were now fully staffed, having recently recruited to vacant posts. <b>AM to allocate a resource to the project team and inform CS of the person who will be the resource. However, due to workload and prioritisation, this will be after the easing of winter pressures.</b></li><li>• CS also informed the group that it had been challenging to get data from NHSG on the numbers of those smoking.</li><li>• <b>C Smillie offered to contact Kevin Leslie to follow this up and then link in with C Singer.</b></li><li>• The project team will identify a small area within the city to carry out a test of change.</li></ul> <p><a href="#"><u>QA questions – Checklist for OIGs</u></a></p>
5	<p><b>New Projects (due to Management Group Jan 22 &amp; CPA Board in Feb 22)</b></p> <p><i>--To support 50 low income families in priority neighbourhood to improve eating behaviours and adopt positive lifestyle choices to help towards a healthy weight by 2023. Tracy Davis - to follow in January 2022, or possible to February meeting, dependant on winter pressures.</i></p>



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	<ul style="list-style-type: none"><li>• <b>This was accepted by the group</b></li></ul> <p><i>--Refer 20% of people living with COPD or other respiratory conditions into specific PR physical activity and other support programmes delivered in community settings by 2023. Lucy McLeod, NHSG, – date for submission of charter agreed for Management Group/Board in April 22.</i></p> <ul style="list-style-type: none"><li>• <b>Update / provisional charter to follow in February 2022 – again dependant on winter pressures.</b></li><li>• <b>This was accepted by the group</b></li></ul>
6	<p><b>Reporting</b></p> <p>-Risks/Issues</p> <ul style="list-style-type: none"><li>• Craig Singer noted that allocation of resources to the “Reduction in smoking” project was crucial. Due to project team members moving on, so replacements to ensure the work can be carried out, will be required.</li></ul> <p>-Areas for celebration</p> <ul style="list-style-type: none"><li>• The continued progress of the projects and the revised and new charters that are now in place were applauded and highlighted as a cause for celebration.</li></ul>
7	<p><b>AOCB</b></p> <p>Date of next meeting = <b>Tuesday 18<sup>th</sup> January 2022 10am-11am.</b></p>