



# Community Planning Aberdeen

Resilient, Included and Supported (RIS) Outcome Improvement Group  
08.04.21 10-11am

Member	Present
Sandra MacLeod	Yes
Derek McGowan	No
Simon Rayner	No
Jane Russell	No
Jill Franks	No
Darren Bruce	Yes
Bryan Nelson	Yes
Kevin Dawson	No
Jillian Evans	No
Michael Cassie	No
Chris Littlejohn	No
Anna Gale	Yes



# Community Planning Aberdeen

Item No.	Item Name	Action										
1	Welcome and Apologies	Apologies noted.										
2	<a href="#">Matters Arising from meeting 11.03.21</a>	All matters arising captured within the agenda.										
3	Citizen Simulator/ Locality Empowerment Groups Feedback (report to be added)	<p>AG talked through the engagement to date with LEGs/citizen simulator:</p> <p>Feb – 4 workshops held with LEGs (People (adults/C&amp;YP); Place and Economy) - locality data shared as conversation starter to hear what communities feel are the priorities and what would make a difference in their neighbourhood.</p> <p>March – citizen simulator – over 2600 responses. Highest priorities for communities were:</p> <table><tr><td>Supporting children and young people with their mental health</td><td><div></div></td></tr><tr><td>Making sure no one goes without food due to poverty</td><td><div></div></td></tr><tr><td>Creating new employment and training opportunities</td><td><div></div></td></tr><tr><td>Encouraging employers to offer the real living wage</td><td><div></div></td></tr><tr><td>Supporting people in distress and reducing suicide rates</td><td><div></div></td></tr></table> <p>AG shared a draft copy of one of the locality plans to show the linkages between the LOIP and locality plans.</p>	Supporting children and young people with their mental health	<div></div>	Making sure no one goes without food due to poverty	<div></div>	Creating new employment and training opportunities	<div></div>	Encouraging employers to offer the real living wage	<div></div>	Supporting people in distress and reducing suicide rates	<div></div>
Supporting children and young people with their mental health	<div></div>											
Making sure no one goes without food due to poverty	<div></div>											
Creating new employment and training opportunities	<div></div>											
Encouraging employers to offer the real living wage	<div></div>											
Supporting people in distress and reducing suicide rates	<div></div>											
4	<a href="#">LOIP Refresh 2021</a>	<p>The group worked through the revised improvement aims:</p> <p><i>Increase the number of unpaid carers participating in support programme reflecting healthy life choices by 25% by 2021.</i></p> <p>Agree to <b>revise</b> aim to:</p> <p><i>Increase the number of unpaid carers feeling supported by 10% by 2024.</i></p>										



# Community Planning Aberdeen

*Increase the number of Distress Brief Interventions opportunities for people presenting to frontline services in distress by 10% by 2021.*

Agreed to **remove** aim as project aim has been achieved - now business as usual.

*Improve health and wellbeing outcomes for at least 50% of homeless people participating in the Housing First programme by 2021*

Agreed to **remove** aim as project aim has been achieved. Suggested revised aim of *Increase the life expectancy of people at risk of homelessness / ever homeless from xx to match general population.*

Group felt this was unachievable and marginalised homeless people. Simon Rayner and Derek McGowan to consider revised improvement aim.

*Reduce suicide amongst men in Aberdeen to below 2016 levels (16) by 2021.*

Agreed to **revise** aim to:

*Reduce the rolling 3-year average number of suicides in Aberdeen to below 26 (2019) by 2024.*

*Increase the number of autistic people aged 16 to 25 who are supported into employment by 2021*

Agreed to **remove** aim - no data to support this as an improvement aim; narrow focus and limited resources.

*Extend link working approach across primary care to support 3,000 people to attain their own identified outcomes by 2021*

Agreed to **remove** aim - continued improvements demonstrated, now business as usual.

*Increase the number of groups for people with long term conditions which are co-produced with service users by 2021 **combined with***



# Community Planning Aberdeen

		<p><i>Increase uptake of a range of activities that enable people with long term conditions to manage their health and well-being by 2021.</i></p> <p>Suggested to <b>remove</b> this aim - rationale being single agency approach; definition of activities?, i.e. just physical activity?; how to measure?; not focused on prevention/early intervention.</p> <p><i>Increase number of people in local communities promoting wellbeing and good health choices by 2021.</i></p> <p>Agreed to <b>revise</b> aim to:</p> <p><i>Increase by 80% the number of people on Locality Empowerment Groups who feel confident to promote wellbeing and good health choices by 2023.</i></p>
5	<a href="#">Stakeholder events</a>	AG highlighted the upcoming stakeholder thematic events in which RIS will present the revisions as part of the LOIP refresh.
6	<p>End of project reports:</p> <p><a href="#">11.11 Increase the number of Distress Brief Interventions opportunities for people presenting to frontline services in distress by 10% by 2021.</a></p> <p>11.4 Improve the Health and Wellbeing Outcomes for at least 50% of homeless</p>	<p>End of project report went to last management group and was approved to go forward to Board at the end of April.</p> <p>Draft end of project report written, Mike Burns (project lead) invited to May meeting to share learning from project.</p>



# Community Planning Aberdeen

	people/program participants (30 individual participants) in the Housing First Pathfinder Program in Aberdeen City by Dec 2021.	
7	<a href="#">Culture Aberdeen</a>	
8	AOCB  <a href="#">-Shared Lives Plus event</a>	Agreed to have 2 further focused meetings to pull together final recommendations on LOIP refresh. AG to circulate dates to the group.