

Resilient, Included and Supported (RIS) Outcome Improvement Group

15.02.22 10.00-11.00am

Action Note

Item No.	Item Name
1	<p>Welcome and Apologies</p> <p>Present: Michele Cochlan, Neil Carnegie, Gordon McDade, Flora Douglas, Jill Franks, Graeme Gardner, Amy Richert, Bryan Nelson</p> <p>Apologies: Sandra MacLeod, Darren Bruce, Craig Singer, Chris Smilie, Derek McGowan, Steven Shaw, Tracy Davis, Lucy McLeod, Leona Craig, Murray Dawson, Stewart Aiken, Carole Noble, Joanne Riach, Katy Berston, Julia Allan, Graeme Dale, Frank Campbell, Lucia Skiba</p> <p>Bryan Nelson (Vice Chair) chaired the meeting, in the absence of S MacLeod (chair).</p>
2	<p>Membership</p> <p>MC raised that the meeting invite is inclusive of a number of people who are not on the current membership list for the group. It was agreed that this be refreshed in line with the new meeting schedule and that an email will go out to invite all new members to an induction / welcome session of the group.</p> <p>Actions;</p> <ul style="list-style-type: none">• AR to amend invite to new membership and contact attendees.• ACVO support – AR to contact Jane Russel to see if they are to continue to be represented on the group.
3	<p>Project Updates</p> <p>11.1 Reducing Suicides</p> <p>Darren Bruce had given apologies but provided a detailed project update which was shared by the Deputy Chair.</p> <ul style="list-style-type: none">• Project currently in a good position. Positive results in reduction over the 3 year average. RAG status of Green.• Some ongoing challenges with collating data. Working to collect both quantitative and qualitative information.• Videos are in development to demonstrate the work of the project – BN asked whether there is any further information on the distribution of these. To be discussed at next meeting with Darren Bruce• Case Study – has been attached for the group.

- Particularly strong partnerships with group members on this project.

MC highlighted that lots of action is taking place but this is perhaps not reflected in the data as it is a high level aim. The Case study has been selected as a case study for Management Group and will be used to demonstrate best practice.

NC suggested a further consideration of wider trend data with other areas / nationally? BN highlighted that there has been some consideration of this from project though this could be further emphasised in reports.

Community Connectors – NC updated that he is advertising on the volunteer hub to recruit to Connectors for this project.

11.2 Volunteering Opportunities

NC updated on progress. Beginning to build some momentum around the work. Number of volunteer opportunities has increased from 437 to 467. Working with community groups to mobilise them. Mobilised community groups in specific neighbourhoods to support the response to recent storms. Focussing on community support in future emergencies.

Steven Shaw is to advertise opportunities to participate in a 'friends of' group targeting those who came forward during the initial pandemic.

Working to map volunteer opportunities within the council and subsequently advertise these.

11.3 People feel confident to promote wellbeing and good health choices

Apologies received from Chris Smilie. Chris has provided a project update. The Public Health Coordinators had been redirected into alternative work to support winter pressures and the impact of the Omicron Variant. This has paused progress however Chris will be looking to pick this up over the next few weeks and will feedback to March meeting.

11.4 Reduce tobacco smoking

Apologies received from Craig Singer. Craig has previously highlighted challenges with progressing the project without health input. This has been feedback to the public health coordinators. As detailed in 11.3 they have been redirected over the winter months but are aware of

	<p>this request and will consider this as part of prioritising work going forward.</p> <p>11.5 Reduce Youth Homelessness</p> <p>Graeme Gardner provided an update;</p> <ul style="list-style-type: none"> • Project RAG status at Green. • Volunteer hosts may be needed so GG is going to link with NC on this. • ACC posts – business case passed to consultation response and aiming to move to recruitment of 2 new officers. • Group meets monthly and meets on Friday. • DeeJay from 4 Pillars is linking with the group to progress change ideas around supporting young people regarding sexual orientation and homelessness. <p>11.6 Unpaid Carers</p> <p>Apologies received from Alison Macleod. AR provided an update. This has also been affected by redirection of resources to support winter pressures. Carer's strategy group to meet on Thursday and next steps for the project will be considered.</p> <p>11.7 Low income families and healthy life choices</p> <p>Apologies from Tracy Davis who has been impacted by focus on winter pressures. This charter was accepted by the CPA management board at their meeting in January and the project team are in place and showing green against the dashboard at this early stage. The group look forward to a progress report / update at the next meeting.</p> <p>11.8 COPD</p> <p>Jill Franks has agreed to support the development of the project charter to enable progress of the project while Project Manager, Lucy McLeod, is returning from sick leave. This will be on an interim basis. JF advises that she will be leaving in March but is happy to support at present and will link to her colleague Andrinne Craig who may have a continuing role on the project team.</p>
4	<p>North East Culture Collaborative (NECC) support</p> <p>MC discussed the offer of support from NECC. She is meeting with NECC representatives today. Neil feedback that there was potentially other groups which it may support more widely beyond the scope of the RIS.</p>

	<p>COPD project – JF highlighted that the project focusses specifically on physical activity. Jill would have some reservations on whether this would be within the remit for this project. MC queried whether there would be other projects which would bring benefit. JF happy to have this discussion regarding to other work ongoing in the city not specific to the RIS and the COPD project.</p> <p>NECC reps invited to March meeting for further discussion.</p>
5	<p>Key outcomes and activities section of ongoing reports</p> <p>BN keen to see more content and reflection in these updates going forward.</p>
6	<p>Areas for celebration</p> <p>Projects which are showing green have shown significant progress and 11.1 case study will be going to CPA board as a best practice example which is a great reflection of the work so far.</p>
7	<p>AOCB</p> <p>GM thanked project leads for their hard work during the time he has supported the group. AR will now provide this support and will make contact with leads to arrange regular support meetings, if they would like to do so.</p>
8	<p>Ongoing meeting schedule</p> <p>6 weekly schedule would be preferable.</p> <p>Action - AR to send out new invite for March meeting and issue a poll on preferred day for the upcoming meeting.</p>
8	<p>Next meeting 15th March 2022 at 10am on Teams.</p>