

Resilient, Included and Supported (RIS) Outcome Improvement Group

15.03.22 10.00-11.00am

Action Note

Item No.	Item Name
1	<p>Welcome and Apologies</p> <p>Present: Neil Carnegie, Jill Franks, Graeme Gardner, Amy Richert, Bryan Nelson, Alison Macleod, Tracy Davies, Leona Craig, Murray Dawson, Stewart Aitken, Craig Singer, Chris Smilie, Jane Russell</p> <p>Apologies: Flora Douglas, Lucy MacLeod, Gale Beattie</p> <p>Bryan Nelson (Vice Chair) chaired the meeting, in the absence of Sandra MacLeod (chair).</p>
2	<p>Matters Arising from previous minute</p> <p>None.</p>
	<p>North East Culture Collaborative</p> <p>Murray provided an overview of the collaborative, £500k, of investment in the work. Looking to work with communities to co-design and develop the projects. Keen that the work aligns with the projects and stretch outcomes outlined in the LOIP.</p> <p>Murray and Stewart provided input to each project on how they can be involved, included in updates below.</p> <p>Mental health and wellbeing theme and ‘amplify’ – Murray keen that SHMU provide support in information sharing.</p> <p>Murray and Stewart can be contacted as below;</p> <p>stewart.aitken@cultureaberdeen.org murray.dawson@shmu.org.uk</p>
3	<p>Project Updates</p> <p>11.1 Reducing Suicides Aim - Reduce the rolling 3-year average number of suicides in Aberdeen to below 26 (2019 by 2023.)”</p> <p>Slight increase in completed suicides during January to March. This is expected from previous years data and likely to reduce in next quarter.</p> <p>2 volunteers have come forward. 32 sessions, 708 staff trained in suicide prevention.</p>

Tests of change – Evaluating the work in the Northfield area – work carried out with academy and teachers. Darren confident that we will see evidence of improvement through the evaluation but needs this confirmed with analysts. Further rollout being considered to potential Danestone / Bucksburn area. Project team meets tomorrow to consider if this is the right area.

Developing attempted suicide data with NHS – (Group title to be confirmed). Developing an understanding of data to better understand effective pathways to support. Various organisations will refer towards help however there is a need to try and understand which route works best. DBI has been successful as have other groups.

Video good to go but hold up on how it should be launched. Police looking for a big launch, Evening express lined up to do this alongside other names. Discussed with Allison Swanson this morning and keen to get this out if EE not going to be quick enough.

Project team – trying to grow the team. Project team – volunteers needed. Bryan suggested that Craig Shand, Fire service community engagement may be a useful link.

Darren had to leave meeting at this point due to fire alarm.

Jane Russell - Darren, very happy to talk about membership of the project Team to the 3rd sector Mental Health Forum. Jane asked if there is demographic information on those most at risk and could ACVO target specific groups re suicide prevention?

Action;

- Jane and Darren to follow up after meeting.

11.2 Volunteering Opportunities

Project progressing. Increase in numbers of opportunities but no clear evidence of a link between this and the project.

Tests of change being tested;

- Main test of change is volunteering opportunities in the council. Mapping being carried out at present.
- Test of change – gardening project in partnership with Bon Accord Care.
- Test of change – reaching out to those who offered to support during COVID.

NECC –Highlighted that ACVO also finding it challenging to capture data on volunteering and links between. Jane queried this and Murray explained that this may not be being captured at a hyper-local level which then makes it challenging to analyse. Neil will meet up with Jane to understand what ACVO hold and whether there is a means to address gaps.

Stewart asked whether volunteering opportunities in Arts are linked to the opportunities in this project. Neil keen to meet to look at the options to link this project with that work. Potential work to celebrate volunteering as part of NECC ‘amplify’ theme. Bryan supportive of videos being developed to promote volunteering opportunities.

Bryan queried whether the input of community resilience groups is captured. Neil is linked to Richard Findlay on this and will ensure relevant data is collected and available.

Actions;

- Jane (ACVO) and Neil to meet to discuss existing data gathering
- Project to develop further links with NECC.

11.3 People feel confident to promote wellbeing and good health choices

Chris Smilie provided update. In February there was a plan to roll out workshops with GREC. These were postponed due to winter pressures and Omicron. Chris now reviewing timeline for this.

Focus groups planned with staff and volunteers planned for April.

Murray keen to provide support to this project. Stewart Aitken highlighted that he has had some initial conversations with Darren Smith (Stay Well, Stay Connected) with a link to health and wellbeing.

11.4 Reduce tobacco smoking

Craig outlined the challenges in progressing with this charter. Amy, Chris and Craig met this week to discuss. Chris will pull together the project team to consider what is possible to progress. The cessation app does not seem to be progressing.

Community Connector identified in the north. Chris has been making contact with ASH Scotland and the NHSG tobacco group. Meeting to take place by end of March to then review position and plan forward what is to be achieved.

Chris will take on project lead role supported by Craig.

Murray also offered support to promote from a media perspective.

11.5 Reduce Youth Homelessness

Progressing well.

Community hosting project currently out to tender.

Likely to meet target without the impact of the specific target. Bryan highlighted that the target may need to be reviewed.

NECC – drop-in service for creativity may be able to link in around the work on youth homelessness. Graeme would be keen to promote this opportunity and take young people along to provide opportunities for activity for young people.

Action

- Graeme and NECC to discuss opportunities to collaborate.

11.6 Unpaid Carers

Alison won't be continuing as project lead for carers. Carer's project has been impacted by staff being diverted into other groups due to the pandemic however it is now getting back on track with the Carer's Strategy Implementation Group forming the project group for this project.

The intended refreshed strategy is delayed. Local survey required on local numbers to support the baseline data for the project.

Amy Richert to take on interim project lead for the project lead at present but may move to third sector once clarity of change ideas, roles and responsibilities has been established.

11.7 Low income families and healthy life choices

Tracy provided an overview as this is the first progress update for this project since the charter was agreed. Funding has been approved for support around the project. Mapping of food and physical abilities has taken place in Seaton and Tillydrone.

Weight management programme being developed.

Baseline data is 0 as new project. Process measures being reviewed.

Recruitment – time spent on further rationalising the project and what is in scope. For example, looking to recruit Childsmile but how will people know who to target. Group has agreed that self-identification will be used. Will expand beyond overweight to also include healthy weight and consider other nutritional needs.

Project progressing well now.

NECC – Stewart outlined that the ACVO partnership includes opening community spaces and community groups. May be opportunities for this project to link into this. Tracy keen to link with Stewart later in the month on this.

Neil – Asked whether financial inclusion teams could link into this. Tracy is open to this and happy to explore further with consideration of data sharing. Neil also highlighted there is hardship funding available.

Actions;

- Tracy to follow up with NECC on opportunities.
- Tracy to follow up with Neil re financial inclusion teams and available hardship funding.

11.8 COPD

Jill provided an overview. Unfortunately due to other priorities due to her leaving her role and the respiratory cell meeting having been cancelled it has not been possible to develop a charter in time for this meeting.

Jill outlined that some review of the project has highlighted a data discrepancy between what was used previously and what has come out of other sources.

6 potential tests of change – need to review in line with other projects.

Actions;

- Targeted support to be provided by Amy to the COPD project in order to develop a charter.
- Amy to meet with Jill to gain an overview of progress so far.
- Amy to link with Lucy MacLeod, Project Manager, to support her with developing a charter.
- Draft Charter to be available to management group by 3rd May 2022 ready for meeting on 1st June.

5	<p>Key outcomes and activities section of ongoing reports / Areas for celebration – To be highlighted to management group.</p> <p>11.2 – We were keen to promote the progress in the volunteers work.</p> <p>11.4 – Meeting of project group due end of March to progress aims of the project.</p> <p>11.7 – First RIS group meeting for this project. Very promising overview provided by Tracy Davies.</p> <p>NECC attended the RIS group meeting and provided supportive feedback and opportunities to project leads which will be taken forward out with the group.</p> <p>Risks – 11.8 – COPD – It has not been possible to have a charter drafted in time for the management group due to staff sickness and workloads. Targeted support will be provided to this project group by Amy Richert, RIS Lead contact, in order to have something developed for approval at the meeting in June.</p>
7	<p>AOCB</p> <p>Project leads were directed to the support available from the CPP via the improvement Bootcamps and other support which can be provided by Amy. Amy happy to continue to arrange follow up meetings with project leads.</p>
8	<p>Ongoing meeting schedule</p> <p>6 weekly schedule to be set up.</p> <p>Sandra MacLeod will not be chairing going forward and Alison Macleod will be taking over on this.</p> <p>Action – Amy to send out new invites for 2022 meetings.</p>
8	<p>Next meeting TBC.</p>