

Resilient, Included and Supported (RIS) Outcome Improvement Group

29.04.22 10.00-11.00am

Action Note

Item No.	Item Name
1	Welcome and Apologies Present: Bryan Nelson, Darren Bruce, Graeme Gardner, Alison Macleod, Leone Craig, Amy Richert, Andrew Falconer Apologies: Craig Singer, Neil Carnegie, Chris Smilie, Flora Douglas, Jane Russell, Flora Douglas Bryan Nelson (Chair) chaired the meeting.
2	Matters Arising from previous minute None.
3	Appointment of new Chair and Vice Chair Bryan is to remain as chair for the group.
4	11.1 – Reducing Suicides update Darren presented to the CPA Management Board on this project on rolling out training and reaching at risk groups. Emerging picture in first quarter is that suicides in the city are going up. Angela Scott (Chief Executive) provided some national context during the CPA Board Meeting. Was reassuring to Darren that they were on the same page. Northfield – Jane Russell (ACVO) has a list of groups in the Northfield area which could be targeted to provide training. Data – Development of an understanding of the data has provided a unique opportunity to overlay various types of data to provide a richer understanding. Prevent suicide app- increased users in Aberdeen and SAMH is promoting. Promotion video – Gone out via twitter and CPA. Work ongoing to get this out via Police and partners. Extraordinary regional group took place to look at how support can be provided around cost of living specific concerns. SFRS social media team offer of support from Bryan – Mandy Ironside. Leone Craig – Raised MH First Aid training could also be used. Darren outlined that this is a suicide prevention specific project however it may be useful for the group more widely to know how to link into MH first aid training.

	<p>Suicide prevention video shown to group during the session.</p> <p>Improvement Stories - Community Planning Aberdeen</p>
5	<p>CPA - Planning Your Communication – Telling Your Improvement Story</p> <p>Document shared and discussed.</p> <p>11.1 video is a good example of Comms being used to promote</p>
6	<p><u>Project Updates</u></p> <p>11.1 Reducing Suicides</p> <p>See Item 4</p> <p>11.2 Volunteering Opportunities</p> <p>Apologies from Neil, update considered by group. Big uptake in volunteering opportunities for Ukrainian refugees.</p> <p>11.3 People feel confident to promote wellbeing and good health choices</p> <p>Apologies from Chris. Prior update as below;</p> <ul style="list-style-type: none"> • Group has had first meeting since return back to normal duties. Project team has reduced and currently looking to recruit. E.g Education, NESCOL. Ash Scotland has joined the Project team. • Date set to meet NHS colleague to review available data on a locality level for smoking cessation <p>11.4 Reduce tobacco smoking</p> <p>Apologies from Chris. Prior update as below;</p> <ul style="list-style-type: none"> • First meeting since return to normal duties planned for start of Friday 6th May. • Feedback being sought from teams/organisations who have undertaken Making Every Opportunity Count training to review implementation and identify any gaps. • Meeting with Moray HSCP planned in relation to Making Every Opportunity Count delivery in other parts of Grampian. <p>Action - Bryan highlighted the need for the group to consider the support they can offer Chris with his projects. Leone offered support from university. Leone to make contact with Chris on what support may be available.</p> <p>11.5 Reduce Youth Homelessness</p>

Target to reduce by 6% but have already reduced by 21%. The 16 and 17 year old group has not changed. This indicates that targeting this group would be a really useful development.

Met with Upstream Wales last week. Considering the finer detail of how upstream Aberdeen will develop locally. Wellbeing survey which takes place at school which provides an early indicator of youth homelessness. Looking to determine which school to test in and ensuring it works well for children in Aberdeen. May not be Northfield

Housing officer interviews next week.

Community hosting due to start in Autumn.

Action - Graeme to share video and survey at next RIS meeting and provide a more detailed update on the positive progress made on this project area.

11.6 Unpaid Carers

Looking at development of project leads. Andrew Falconer (Quarriers) in attendance to get an understanding of the group. Amy to meet with Andrew and Jo McPherson from Quarriers to discuss the existing work that is being carried out by them to achieve this project aim with the potential of Quarriers taking on a project lead role.

11.7 Low income families and healthy life choices

Leone provided an update as a member of the project team. Preparation phase of project. Met yesterday and NECC supported attended to look at support options. Hoping to recruit Masters students to support the work.

11.8 COPD

Awaiting an update from NHSG Chief Executive on leadership for this project.

COPD objective within the HSCP strategic plan.

Action - Alison to consider whether there may be a close link with other projects in NHSG.

7	<p>AOCB</p> <p>Data specific to localities</p> <p>Leads were asked to consider, if not done so already, how localities based data can be pulled for their project to evidence the Locality impact and also feed into the works of the Locality Empowerment Groups and Locality Plans.</p> <p>Local Authority COVID Economy Recovery Fund</p> <p>All leads have been provided with information on applying for this funding for their projects.</p> <p>Locality Empowerment Groups – Darren asked for an update.</p> <p>Alison provided the update. First in person meeting has taken place. Public health Coordinators are working to re-mobilise and refocus the groups going forward. Darren has made an offer that police development officers could attend and provide support to all 3 groups.</p> <p>Derek Bain would be the specific development officer. Bryan also willing to provide this support from SFRS (Andrew Hislop).</p> <p>Face to face PNPs have also taken place.</p> <p>Consideration of merging projects and consider joint working with the demographics of Suicide Prevention and 11.5. Alison updated on how the PHCs have been looking at projects and how they could link.</p>
8	Next meeting - Friday 10 th June 2022