

# Our People (Adults)

.....  
29 January 2024  
at 3pm



**Aberdeen - 'A place where all people can prosper'**  
**Prosperous Adults Online Stakeholder Session**  
.....



Community Planning  
Aberdeen

# Outcomes from this session



- Understanding where we are with the development process for the refreshed Local Outcome Improvement Plan
- Why we are undertaking a refresh at this time
- Presentation of our suggested priorities and how these have been informed by data professional judgement and feedback from engagement so far
- Opportunity for feedback and discussion
- Review of next steps

# LOIP/Locality Plans Refresh 2023 Approach



## Data and Insight Led – Key Stages So Far

Population Needs  
Assessment 2023

Annual Outcome  
Improvement  
Reports

Professional  
Judgement

Stakeholder,  
Community and  
Public Involvement



Initial proposals developed

# Data Review and Community Engagement



**Strategic Plan Summary Version**  
2022 – 2025

Aberdeen City Health & Social Care Partnership  
*A caring partnership.*

**Aberdeen City Carers Strategy 2023-2026**  
"A City for all Carers"

Aberdeen City Health & Social Care Partnership  
*A caring partnership.*

Our plan for supporting all Carers in Aberdeen City

**Aberdeen City**  
**Population Needs Assessment**

October 2023

Community Planning  
Aberdeen

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**Your Neighbourhood, Your City, Your Plans:**  
**What matters to you?**

Community Planning Aberdeen's  
Local Outcome Improvement Plan and Locality Plans  
for North, South and Central Refresh  
Engagement Report - 2023

DRAFT 27 NOVEMBER 2023

Scottish Government  
Riaghthas na h-Alba  
gov.scot

National Strategy  
for Community  
Justice

**Creating Hope Together**  
Scotland's Suicide Prevention Strategy 2022-2032

The Scottish Government and the  
Convention of Scottish Local Authorities (COSLA)  
September 2022

COSLA Scottish Government  
Riaghthas na h-Alba  
gov.scot

**Annual Outcome  
Improvement Report**  
2022/2023

Community Planning  
Aberdeen

# Our Prosperous Adults Priorities



Reducing the risk of re-offending



Improving Healthy Life Expectancy



Reducing rate of alcohol and drug related deaths




# Offending – what we know



## What the data is telling us..

- In 2022/23, the number of individuals recorded by police as repeat offenders was 1268 with 4203 total combined offences 
- In 2020-21, 351 people in Aberdeen City were given a custodial sentence – down from 471 in 2019-20. Of these, a quarter (89) were for up to 3 months 
- In 2020/21, 60 homeless applications were made from people released prison
- In 2021/22, 2597 reports of domestic abuse were made to police Scotland, down from 2610 in 2020
- In 2021/22, 11 individuals received voluntary assistance, down from 21 in 2020/21. 196 received statutory throughcare, similar to 2020/21 
- In 2022/23, 344 hate crimes were reported to police

## What the community is telling us could be better..

- Improve community safety e.g. improving the City Centre, less graffiti and litter, measures to reduce speeding 
- Action on anti-social behaviour and crime to improve safety by providing “more education and enforcement of offences such as public order offences and dangerous driving”
- Improve social cohesion, more activities and opportunities to improve and encourage a sense of community. 
- Increase employment opportunities for those with a criminal record and improvements to support services. 

# Reducing the risk of re-offending



**Current LOIP:** Focus on reducing first ever court convictions and reconvictions

**Proposal:** The focus will remain on reducing re-offending by reducing number of adults charged with more than one offence through increasing the number of people over 18 who have entered the justice system engaging with services.

**Rationale:** Current Stretch Outcomes achieved and new proposal aligns to the new National Strategy for Community Justice and ensures focus is on identifying the factors behind individuals offending and providing skills and support to desist from future offending.

## **Key improvement activity:**

- Increasing employability support and opportunities
- Providing suitable accommodation on release from prison
- Early identification of support needs and quick access to those supports e.g. substance use, mental health
- Increasing understanding and confidence of community justice
- Reducing anti social behaviour of adults (over 18)
- Increasing awareness and reporting of hate crimes and domestic abuse






Alison MacLeod  
Chair of Resilient Included and Supported  
Outcome Improvement Group






# Healthy Life Expectancy – what we know



## What the data is telling us..

- Healthy life expectancy for males and females has declined since 2014-16 (66.3 to 61.4(F) & 62.8 to 60.2 (M) 
- In 2022 there were 28 probable suicides in Aberdeen City (22 male and 6 female)
- In 2019-21 there were 279 early deaths (<75) from cancer. This is a rate of 153 per 100,000 population - slightly higher than the rate for Scotland of 150. 
- Rates of smoking during pregnancy are highest in most deprived areas 23.7% (SIMD 1), compared to 2.9(SIMD 5)
- In 2022, 92% of respondents reported being able to look after their own health 'very well' or 'quite well' – down slightly from 94% in 2020
- There is a significant gap between estimated number of Carers (24,507) and those known to services (1,936) 
- In 2022/23, 5.6% of 13–18-year-olds reported to be in regular use of vaping products.

## What the community is telling us could be better..

- Increases/improvements to health and community health services, including accessibility to GPs 
- Improving social cohesion and interaction - more activities/spaces and opportunities for all people to come together (e.g. range of activities and timings of these) and awareness/communication of activities/events 
- Increasing volunteering opportunities and the communication of them 

# Improving healthy life expectancy



**Current LOIP:** Healthy life expectancy (time lived in good health) is five years longer by 2026

**Proposal:** Continue to focus on improving healthy life expectancy through tackling health inequalities using whole systems and family approach.

**Rationale:** We want Aberdeen to be a place where everyone can live long and healthy lives. For both women and men healthy life expectancy has declined since 2014-16. The rising cost of living is a key risk to population health and is likely to increase the existing inequalities in healthy life expectancy.

**Key improvement activity:**

- Supporting vulnerable people –(people at risk of suicide, unpaid carers)
- Increasing resilience and reducing social isolation (continuing our Stay Well, Stay Connected programme)
- Encouraging particular target groups to adopt healthier lifestyles and make informed health choices in relation to eating behaviours, cancer screening, smoking in pregnancy, vaping (by 11 to 16 year olds), and chronic pain management



Gale Beattie  
Chair of the Alcohol and Drugs  
Partnership

# Alcohol and Drugs – what we know



## What the data is telling us..

- In 2022 there were 42 drug-related deaths, down from 62 deaths in 2021. Of the 42 deaths in 2022, 26 were males and 16 were females.
- In 2022 there were 49 alcohol-specific deaths, up from 43 deaths in 2021
- 25% of adults (2017-21) in Aberdeen City were drinking above the guideline recommendations of 14 units per week
- In 2022/23 a total of 622 Naloxone Kits were supplied to persons at risk of overdose – up from 426 in 2021/22
- 2% (145) of P5-S6 learners reported that they'd taken illegal drugs & 88% (6137) reported they'd never had alcohol (Dec 22)



## What the community is telling us could be better..

- Increases/improvements to health and community health services
- Improving social cohesion with more activities and opportunities to improve engagement and participation for different groups.



# Reducing alcohol and drug related deaths



**Current LOIP:** Focus on reducing rate of harmful levels of alcohol consumption and drug related deaths

**Proposal:** Amend the stretch outcome to achieve a further reduction in drug related deaths and also focus on a reduction in alcohol related deaths from current levels across the City.

**Rationale:** Achieved current stretch outcome - harmful levels of alcohol have reduced from 29% to 25% and reduction in drug related deaths and we are now lower than Scotland. Alcohol and drugs deaths remain too high and are still priority issues.

**Key improvement activity:**

- Whole family approach to support and preventing young people developing substance problems
- Early intervention; reducing harm and mortality (increasing alcohol screening availability; distribution of naloxone; access to drug and alcohol supports in our priority neighbourhoods, positive outcomes for people with complex needs and referred to Assertive Outreach)
- Supporting recovery from alcohol and drugs

# What do you think?



- Are these the right priorities?
- Are we missing anything from your perspective?
- Is there anything you can do to support any of these projects? (pop your name and email into the chat)

# Next Steps



- We will consider feedback from wide range of stakeholders (you, community groups, public health, partners)
- Firm up final proposals by end of January 2024
- Consultation on the draft document during February 2024
- Final draft LOIP available in April 2024
- CPA Board meeting to approve refreshed – 29 April 2024

# Notes from Session



Notes from the Adults Stakeholder session can be accessed at:

<https://communityplanningaberdeen.org.uk/wp-content/uploads/2024/01/Adult-Stakeholder-Session-Note-290124.pdf>