



Community Planning Aberdeen



Resilient, Included and Supported (RIS) Outcome Improvement Group

Meeting: 17th January 2024 at 2pm

AGENDA


ATTENDEES: Alison MacLeod (Chair), Grace Milne, Tracy Davis, Joanna McPherson, Chris Smillie, Rachel Barclay, Andrinne Craig, Rachel Harrison

APOLOGIES: Leona Craig, Jane Russell, Rachel Barclay, Andrew Falconer, Jennifer Campbell

Item No.	
1	Welcome and Apologies Alison welcomed all to the meeting and apologies were noted. As Tracy had a further meeting to attend her project was discussed first.
2	Note of meeting 23rd November 2023 Approved as an accurate account of the meeting.
3	Matters Arising from previous minute No matters outstanding to be addressed.
4	<div> RIS Overview.pdf</div> <u>Dashboard – Stretch Outcome 11</u> All project managers are asked to consider the following questions when providing their project updates to inform our feedback to the CPA Management Group. <ul style="list-style-type: none">• Are we gathering/providing data to show the impact of the changes being tested and towards the overall aim?• Are the changes and pace of testing likely to achieve the overall aim, or are there other changes that can be tested• Are PMs using their multi-agency project teams to test the changes and not acting alone?• Are there any key outcomes/achievements for highlighting to the MG? To be provided by next Management Group meeting.• Are there any further issues for highlighting to the MG, or any that can be removed?• Communication - how are you promoting your projects? - Link to CPA comms help sheet
5	Stretch Outcome updates
<div> 11.1 Project End Report.docx</div>	<p>11.1 - Suicide prevention project: Project End Report being updated.</p> <p>No one was in attendance to speak to the report. Alison said that although the project had not met the ambitious aim, a lot had been achieved and the numbers might have been higher without the work that had been undertaken. There will be a suicide prevention project within the refreshed LOIP with another ambitious aim.</p> <p>Alison was comfortable with the report recognising the increase in people with mental health issues due to the pandemic along with the cost of living and as such there was a huge challenge to address mental health issues.</p> <p>Police had indicated that that they would not lead on this project going forward and had suggested Grace contact SAMH. Grace explained the outcome of these discussions and confirmed that Steven Stark, Service Manager in Mental Health was going to lead on the project with the support of Jennifer Campbell. It was hoped that SAMH will continue to be involved in the project going forward.</p>



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	<p>Alison shared that she had attended a meeting in the vaccination centre where the Links Practitioners gave an overview of what they deal with, mostly linked to mental health issues. SAMH are the commissioning service for the Link Practitioners.</p>
	11.2 - Volunteering Opportunities: Closed & Project End Report submitted
	11.3 - Promote Wellbeing and Good Health Choices: Closed & Project End Report submitted
	11.4 - Reducing Tobacco Smoking: Closed & Project End Report submitted
	11.5 - Youth Homelessness: Alison gave confirmation that this would be transferred to a new OIG specifically in relation to homelessness.
	11.6 - Unpaid Carers: Closed & Project End Report submitted.
 Presentation.pptx	<p>11.7 - Whole Systems Approach to Healthy Weight: Closed End Report due to February Board.</p> <p>Tracy shared a presentation on the project (see attached) to give a reflection on how the project went, the changes it made and if the changes made an improvement. It was noted that although there was a positive impact, the aim of the project had not been met with only 20 families supported rather than the 50 as per the aim, and as such a revised aim was recommended for the project going forward.</p> <p>Alison thanked Tracy for sharing the key points and advised that the project was being carried forward into the refreshed LOIP. Grace confirmed that the learning from what has been achieved will be useful.</p> <p>Grace went on to confirm that the revised aim was: <i>to support 50 low income families in priority neighbourhoods to improve healthy eating behaviour and adopt good life choices to support healthy weight by 2026</i>. This was still to go out for consultation and will be considered at the stakeholder event next week.</p> <p>Tracy advised that she would be making the necessary amendments to the Project End Report and will submit it later this afternoon.</p>
	11.8 - COPD Referrals Into PR: Closed & Project End Report submitted.
6	<p>LOIP Refresh</p> <p>Alison shared information on the stakeholder session taking place on Monday 29th January and in advance of that the OIG Chairs are meeting next Wednesday to prepare for the session. Alison advised that following the national research on mental health, Public Health colleagues had undertaken an exercise cross-referencing with the LOIP. Comments will be taken onboard as appropriate.</p> <p>Grace shared on screen a list of the 8 projects proposed for RIS and shared information on each with feedback noted.</p> <ol style="list-style-type: none"> 1. Suicide Prevention - Lead Steven Stark 2. Adult Carers - Lead Quarriers 3. SWSC - Lead tbc 4. Whole Systems Approach to Healthy Weight - Lead tbc 5. Cancer Screening - Lead Elaine McConnachie 6. Decrease Smoking in Pregnancy - Lead tbc 7. Chronic Pain - Lead Sport Aberdeen 8. Reduce Vaping - Lead in place



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	<p>Grace confirmed that the feedback from Stakeholder event will be incorporated into the projects and CPA Management Group will be asked to approve these for public consultation on 31st January. The consultation period will end on 25th February and the CPA Board will consider the outcome from this at its meeting on 29th February. Final proposals are due by 14th March and will go to the management Group on 27th March and the Board on 29th April. We should have a good idea of what the final proposed projects will be at the next RIS meeting on 13th March at which point we will need to consider the actions required for commencing implementation.</p> <p>Grace advised there was a Refresh Improvement Bootcamp Training available and recommended all to attend. She will share further information on this.</p>
7	AOCB No further business was discussed.
8	Next meeting - 13th March 2024 at 2 pm